$$v_s = 70.00\frac{\text{mi}}{\text{h}}\left(\frac{1609\text{ m}}{\text{mi}}\right)\left(\frac{\text{h}}{3600\text{ s}}\right) = 31.29\text{ m/s}$$

$$f_o = f_s\left(\frac{v \pm v_o}{v \mp v_s}\right) = 1.00\text{ kHz}\left(\frac{343\text{ m/s} + 7\text{ m/s}}{343\text{ m/s} - 31.29\text{ m/s}}\right) = 1.12\text{ kHz}$$